

♪ TIME TABLE in MEGURO STUDIO ♪

10月 October

	Mon	TUE	WED	THU	FRI	FRI	SAT	SUN
9:00	9:00-10:30 Classic I & II T:Ms.Dana	9:00-10:30 Classic I T:Ms.Dana	9:00-10:30 Classic I & II T:Ms.Dana	9:00-10:30 Classic I T:Ms.Dana	9:00-10:30 Classic I & II T:Ms. Yuka			
9:30							9:30-11:30 Junior Pointe& Variation Ms. Ogushi	
10:00								
10:30								
11:00	10:45-12:15 Pointe&Variation I & II T:Ms. Yuka	10:45-12:15 Classic II T:Ms. Dana	10:45-12:15 Pointe&Variation I & II T:Ms. Yuka	10:45-12:15 Classic II T:Ms. Dana	10:45-12:45 Pointe&Variation I & II T:Ms. Yuka		11:30-13:00 Adult Beginner T:Ms.Ogushi	
11:30								
12:00								
12:30	12:30-14:00 Character Dance I & II T:Mr. Mishutin	12:30-14:00 Pointe&Variation I & II T:Ms. Yuka	12:30-14:00 Character Dance I T:Mr. Mishutin	12:30-14:00 Pointe&Variation I & II T:Ms. Yuka			13:00-13:30 Pointe&Variation T:Ms.Ogushi	12:30-14:00 Vaganova Junior T:Ms.Ogushi
13:00								Junior High Class
13:30						13:30-14:30 Russian II T:Agerika		14:00-15:30 Vaganova Junior Junior/High School T:Ms.Rie
14:00		14:15-15:30 Contemporary T:Ms.Maiko Hasegawa	14:00-15:30 Character Dance II T:Mr. Mishutin	14:30-15:30 T:Mr.Valery Duet I			14:30-15:30 Academic T:Ms.Yuka	
14:30	14:30-15:30 English T:Ms. Shizuka							
15:00		15:30-17:00 Coaching T:MsMaiko Hasegawa		15:30-16:30 T:Mr.Valery Duet II		15:00-17:00 解剖学 内池・中西医結 合医学研究所 付属 ウチイケ鍼灸 整体院 安田一弘		15:30-16:30 Junior Pointe &Variation T:Ms. Rie
15:30							15:30-16:30 Introduction for Vaganova T:Ms.Yuka	
16:00			16:00-17:00 Russian I OR	16:30-17:30 Pre Vaganova Junior T:Ms.Ogushi				16:30-18:00 Character Dance T:Mr. Mishutin
16:30	15:45-16:45 Ballet History 磯部省吾				17:00-18:00 Introduction T:Ms.Ogushi		16:30-18:00 Junior T:Ms.Olga	
17:00		17:00-18:30 Contemporary Junior High Class T:Ms.Maiko Hasegawa	17:00-18:00 Pre Vaganova Junior T:Ms.Ogushi	17:30-18:30 Vaganova Junior T:Ms.Ogushi		17:30-19:00 French T:Ms.Peggy		
17:30			18:00-19:00 Vaganova Junior T:Ms.Yuka	18:30-20:00 Vaganova Intermediate T:Mr.Vareri	18:00-19:30 Vaganova Intermediate T:Ms. Yuka		18:00-19:30 Vaganova Intermediate Mr. Vrerri	
18:00	18:00-19:30 Vaganova T:Ms. Yuka	18:30-19:30 Pre Vaganova Junior Ms.Ogushi	OR Body Conditioning T:Keiko Fujiwara					
18:30			19:00-20:30 Vaganova T:Ms.Yuka	20:00-20:30 Pointe & Variation T:Ms.Vareri	19:30-21:00 Pointe & Variation T:Ms.Yuka		19:30-21:00 Pointe & Variation	
19:00								
19:30	19:30-21:00 Adult T: Mr. Dashtseren	19:30-20:00 Vaganova Junior Pointe & Variation Ms.Ogushi	20:00-21:00 Intermediate T:Ms.Yuka					
20:00		20:00-21:00 Studio Rental	20:30-21:30 Pointe&Variation T:Ms. Yuka					
20:30								
21:00	21:00-21:45 Duet T: Mr. Dashtseren							
21:45								

※午後の授業(ワガノワ体操等)及びリハーサルも含まれます。